

Hotlines

If you or someone you know is being overwhelmed by life challenges or is in crisis, confidential, objective support and help in problem-solving may be only a phone call away.

Alcoholics Anonymous

(949) 582-2697 (South County)
(714) 773-4357 (North County)
(714) 556-4555 (Santa Ana)

**National Council on Alcohol
and Drug Abuse** for local
referrals: 949-770-2189

Child Abuse Hotline

(714) 940-1000

Narcotics Anonymous

(714) 590-2388

Cocaine Anonymous

(949) 650-1011

Over-eaters Anonymous

(714) 953-0900

Domestic Violence Hotline

(800) 799-7233
(714) 992-1931

Planned Parenthood

(800) 230-7526

Eating Disorder Support Group

(847)831-3438

Rape Crisis Hotline

(949) 831-9110

Gay & Lesbian Center

(714) 534-0862 (Orange County)

Sexual Assault Hotline

(714) 957-2737

**For *Live Discussions* about any
Health Topic: Centers for
Disease Control**

(800) 344-7432

Marijuana Anonymous

(714) 999-9409

**Human Options: Battered
Women**

(949) 854-3554

Suicide Prevention Hotline

(800) 273- 8255 or (310) 391-
1253