

## PROGRAM HIGHLIGHTS

- ▶ Proof of disability is not required
- ▶ Noncredit courses are free of charge and repeatable
- ▶ Program emphasis on development of independence and vocational skills consistent with student's ability and personal goals
- ▶ Connections with community resources and supports
- ▶ Ability to complete any program award within an academic year

## STUDENT EXPECTATIONS

Students in the OASIS Program must be able to:

- ▶ Arrange transportation to/from campus each day
- ▶ Communicate needs and wants with program staff
- ▶ Independently use the restroom and tend to personal care needs, or have made arrangements for a Personal Care Attendant
- ▶ Be unsupervised during a small group or individual break/lunch
- ▶ Demonstrate measured progress toward objectives
- ▶ Adhere to the College Student Code of Conduct

## DISABILITY-RELATED RESOURCES AT SADDLEBACK COLLEGE

### Disabled Students Programs & Services (DSPS) –

Provides support services, specialized instruction, and authorizes educational accommodations for students with disabilities so that they can participate fully and benefit equitably in their college experience. For information, appointments, or counseling schedules, please email [scdsps@saddleback.edu](mailto:scdsps@saddleback.edu) or call (949) 582-4885. Student Services Center (SSC) Room 113.

**Superfriends Student Club** – Facilitates various social, academic, and service opportunities for Saddleback College students with disabilities. Superfriends aims to prompt interaction amongst students with disabilities and those without such labels as a means of fostering a spirit of collegiality and support within the campus community. Superfriends further seeks to mitigate negative perceptions of students with disabilities by offering students with disabilities opportunities to serve and lead within the community. Contact: [saddlebacksuperfriends@gmail.com](mailto:saddlebacksuperfriends@gmail.com)



### TWO OFFICE LOCATIONS:

#### Saddleback College Extended Learning Division

(main campus)

28000 Marguerite Parkway

Mission Viejo, CA 92692

Health Science building (HS) 244, second floor

Monday – Friday • 8:00am – 5:00pm

#### Adult Education main office at Silverado High School

(off-site)

25632 Peter A. Hartman Way

Mission Viejo, CA 92691

(949) 348-6850 • [scadulter@saddleback.edu](mailto:scadulter@saddleback.edu)

Monday – Thursday • 8:00am – 7:00pm

**Call us for help with completing an application or registering for classes!**

Saddleback College Adult Education is a member of the South Orange County Regional Consortium (SOCRC). The OASIS program is supported by the California Adult Education Program (CAEP). OASIS also accepts donations through the Saddleback College Foundation, Account #GFB00627. Donations are welcome at

[www.saddlebackcollegegiving.org](http://www.saddlebackcollegegiving.org)



It is the policy of SOCCCD to fully comply with the requirements of the Americans with Disabilities Act (Board Policy 5506). Consistent with that policy, this material is available in alternative formats (such as large print, braille or accessible electronic text). Such materials and other disability accommodations will be provided as needed for program access, upon request.

For needed accommodations or alternate formats please contact:

Penny Skaff, Ed.D., Dean, Counseling and Special Programs, via email at [scdsps@saddleback.edu](mailto:scdsps@saddleback.edu) • 949-582-4572 • TTY/Videophone: 949-582-4430

SOUTH ORANGE COUNTY COMMUNITY COLLEGE DISTRICT BOARD OF TRUSTEES:

Ryan Dack, Carolyn Inmon, Barbara J. Jay, Timothy Jemal, Marcia Milchiker, T.J. Prendergast, III, Terri Whitt Rydell, Rachel Abalos, Student Trustee • Julianna Barnes, Ed.D., Chancellor

SADDLEBACK COLLEGE: Elliot Stern, DO, JD, President

# OASIS



## OCCUPATIONAL AND ACADEMIC SKILLS FOR INDEPENDENCE AND SUCCESS

Focusing on Independent Living and Vocational needs of Adults with Disabilities in the South Orange County region

**FREE, NONCREDIT AND OPEN-ENTRY CLASSES**

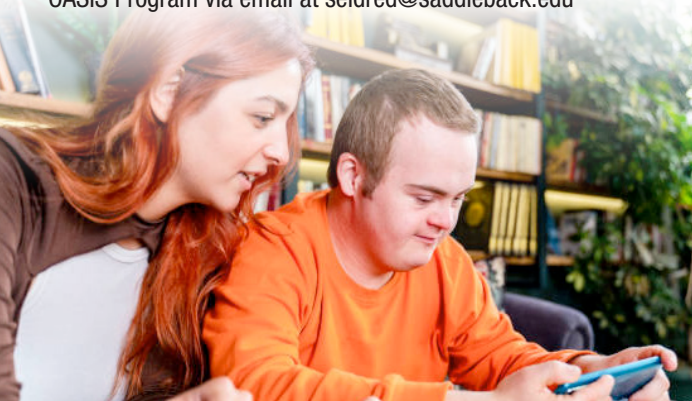
# OASIS – Occupational and Academic Skills for Independence and Success

## ABOUT OASIS

The Occupational and Academic Skills for Independence and Success (OASIS) program for Adults with Disabilities at Saddleback College offers an independent living and vocational curriculum that focuses on the needs of adults with disabilities in the South Orange County region. The objectives of the OASIS program are to help students: advance their level of independence; participate actively in their local community; and transition to academic courses or career pathways, as desired.

Classes are available for individuals with various abilities and educational attainment, sequenced from pre-vocational, employability, to workplace skills, incorporating life skills and work skills consistent with best practices for adult learners with disabilities. Core classes integrate independent living skills, functional academics, social skills, and vocational skills. Students in the OASIS program learn functional living skills and identify resources that will lead them to their academic, professional, or personal goals.

Based on individual needs, OASIS students will progress through a sequence of courses that may result in employment opportunities. Other students may take courses for lifelong learning and to increase community integration. Optional, specialized SPS course topics such as reading, functional mathematics, and memory or attention skills can assist their progress through the sequence and may be taken along with core classes as needed. For more information, please contact: Stacy Eldred, Department Co-Chair, Professor, OASIS Program via email at [seldred@saddleback.edu](mailto:seldred@saddleback.edu)



## STUDENTS CAN EARN THE FOLLOWING OASIS AWARDS:

### PRE-VOCATIONAL SKILLS AWARD

The objectives of the Pre-Vocational Skills Award are to help students advance their level of independence and participate actively in their local community. Students in this sequence of courses learn functional living skills and identify resources that will lead them to their academic, professional, or personal goals. At least five of the following courses are required for the Pre-Vocational Skills Award:

#### AEWD 771 — Mobility Skills

In this course students are introduced to multiple means of public transportation options in order to safely navigate the community, develop skills to potentially secure employment, and enhance their independence.

#### AEWD 774 — Self-Advocacy Skills

In this course students learn self-advocacy skills in order to promote independence in the community and the workplace.

#### AEWD 775 — Computer Skills Lab

This lab supports the development of computer and technological skills in real-world situations for adults with disabilities.

#### AEWD 776 — Fundamentals of Independent Living Skills

This course addresses skills and competencies relevant to those wishing to live and work more independently. Students will also be presented with basic meal planning and cooking techniques.

#### AEWD 777 — Basic Community Skills

In this course students will learn consumer skills, transportation skills, and social skills necessary to safely navigate the community.

#### AEWD 778 — Introduction to Functional Academic Skills

This course focuses on increasing basic functional academic skills. There is an emphasis on understanding the application of consumer math skills, functional reading skills, and functional writing skills to real life scenarios.

### EMPLOYABILITY SKILLS AWARD

The objective of the Employability Skills Award is to help students advance in their academic, personal, and career pathways, as desired. Students in this sequence of courses learn how to prepare for employment and independent living environments. At least three of the following courses are required for the Employability Skills Award:

#### AEWD 781 — Personal Safety

This course supports the development of personal safety awareness. Students with disabilities are presented with proactive steps to take to avoid dangerous situations in the community and at home as well as basic techniques for self-defense and first aid.

#### AEWD 782 — Personal Budgeting and Basics of Banking

This is an introductory class that teaches the basics of banking and budgeting, vocabulary, financial awareness, and step-by-step guidelines on how to open and manage a checking account as well as creating personal budgets.

#### AEWD 784 — Critical Thinking Skills

This course supports the development of soft skills, critical thinking, and problem-solving skills in real-world situations.

#### AEWD 785 — Healthy Relationships

This course is designed to introduce students with disabilities how to improve and develop healthy relationship skills necessary to function in a variety of situations and environments.

### WORKPLACE SKILLS AWARD

The objective of the Workplace Skills Award is to help students acquire the skills necessary to navigate career planning and the workplace. Students in this sequence of courses learn how to identify vocational goals, explore resources related to job exploration, and develop competitive job seeking skills. At least three of the following courses are required for the Workplace Skills Award:

#### AEWD 786 — Career Goals and Job Exploration

This course specifically seeks to support students to identify vocational goals, explore resources related to job exploration, and develop requisite job search skills.

#### AEWD 787 — Career Planning and Job Search

This course specifically seeks to support students to complete a job application, develop a resume, craft a cover letter, and develop competitive job interview skills.

#### AEWD 788 — Introduction to Employability Skills

This course specifically seeks to support students to acquire the necessary social skills to successfully navigate the workplace while seeking employment as well as once employment is obtained.

#### AEWD 783 — Communication in the Workplace

This course supports the development of necessary workplace skills. This course will include activities to enhance written and verbal skills.